

2017 FRICSS International Symposium

Evidence-Based Exercise Medicine for the Promotion of Lifelong Health

Friday, May 19th, 2017, 13:00 ~ 18:00
Grand Ballroom, Baekyangnuri, Yonsei University, Seoul, Korea

Program and Registration: <http://fricss.weebly.com>

Keynote Speakers



"Exercise is an Unnatural Behavior:
an Examination of the Evidence"

Dr. John C. Spence
Faculty of Physical Education & Recreation,
University of Alberta, Canada



"Return to Sport Testing and Load Management
Following ACL Injury"

Dr. Darin A. Padua
Department of Exercise and Sport Science,
University of North Carolina at Chapel Hill, USA

Invited Speakers



"PKR Activation by Cellular Double-stranded
RNAs and Its Implication on Human
Degenerative Disease"

Dr. Yoosik Kim
Department of Chemical and Biomolecular
Engineering, Korea Advanced Institute of
Science and Technology, Korea



"The Role of Cardiopulmonary Fitness on
Health Outcomes in Obesity Phenotypes"

Dr. Sae Young Jae
Department of Sport Science
University of Seoul, Korea



"Updated Evidence of Exercise Medicine for
Cancer Patients: How and Why Exercise is
Beneficial for Cancer Patients"

Dr. Justin Y. Jeon
Department of Sport Industry Studies
Exercise Medicine Center for Diabetes and
Cancer Patients, ICONS
Yonsei University, Korea



"The Epidemiology of Post-traumatic Knee &
Ankle OA - National Health Insurance Sharing
Service (NHIS) Big Data Analysis"

Dr. Sae Yong Lee
Department of Physical Education
Yonsei Institute of Sports Science and
Exercise Medicine, YISSEM
Yonsei University, Korea

Frontier Research Institute of Convergence Sports Science, Tel: 82-2-2123-4759, Email: fricss@yonsei.ac.kr

Presented by



Department of Physical Education
Department of Sport Industry Studies

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Program Agenda

Time	Program	Speaker
13:00~13:30	Registration	
13:30~13:50	Welcome Address	
13:50~14:20	Project Introduction	Dr. Hae Dong Lee Yonsei University
	Updated Evidence of Exercise Medicine for Cancer Patients: How and Why Exercise is Beneficial for Cancer Patients	Dr. Justin Y. Jeon Yonsei University
	The Epidemiology of Post-traumatic Knee & Ankle OA - National Health Insurance Sharing Service (NHIS) Big Data Analysis	Dr. Sae Yong Lee Yonsei University
14:20~14:30	Coffee Break	
Session I	Evidence-based Exercise Medicine from the Perspective of Musculoskeletal Health	Moderators: Dr. Sae Yong Lee, Dr. Hyunseok Jee Yonsei University
14:30~15:20	Return to Sport Testing and Load Management Following ACL Injury	Dr. Darin A. Padua University of North Carolina at Chapel Hill
15:20~15:50	PKR Activation by Cellular Double-stranded RNAs and Its Implication on Human Degenerative Disease	Dr. Yoo Sik Kim Korea Advanced Institute of Science and Technology
15:50~16:10	Q & A	
16:10~16:20	Coffee Break	
Session II	Evidence-based Exercise Medicine from the Perspective of Metabolic Health	Moderators: Dr. Justin Y. Jeon, Dr. Jihye Park Yonsei University
16:20~17:10	Exercise is an Unnatural Behavior: an Examination of the Evidence	Dr. John C. Spence University of Alberta
17:10~17:40	The Role of Cardiopulmonary Fitness on Health Outcomes in Obesity Phenotypes	Dr. Sae Young Jae University of Seoul
17:40~18:00	Q & A	